

## LESSON PLAN

### CAREER EXPLORATION: LABOR MARKET RESEARCH

**Grade Range:** 9 – 12

**Time Needed:** 50-60 minutes (maybe two - three class periods if students are not able to complete all of it in one period)

**Learning Objectives:**

- Students will complete SDMyLife Matchmaker, Personality Type, and Learning Style.
- Students will see what lifestyle they want and what income they will need to support that lifestyle by completing “Get A Reality Check.”
- Students will explore what careers they are interested in, annual salary/education correlated with that career, and if their career choice would be able to support the wanted lifestyle.

**Supplies/Materials:**

- Career Exploration – Labor Market Research Worksheet (attached)
- Computers/laptops for students

Many students have difficulty connecting basic survival needs and lifestyle require money/income. Many do not understand that their annual income needs to be able to support/sustain their lifestyle and that basic needs/wants add up quickly each month.

1. Have students complete “Get A Reality Check” and have students print off their results at the end. There are a few questions for this section on the worksheet. (Attached)  
[\(http://realitycheck.intocareers.org/RealityCheck\\_SD/](http://realitycheck.intocareers.org/RealityCheck_SD/)
2. Once students completed the reality check have them go on SDMyLife ([www.sdmylife.com](http://www.sdmylife.com)) and complete the Matchmaker, Personality Type, and Learning Style.
3. Students will need to fill out the worksheet after completing the assessments.
4. After students are completing the assessment and worksheet go over process questions.

**Process Questions:**

- What are a few things that you learned today?
- What connections did you see between annual income and lifestyle choice?
- What did you learn from the education and training needed with your choices of careers?
- What connections did you make between career matches and your personality type?