For Immediate Release: Thursday, Jan. 11, 2024 Media Contact: Dawn Dovre, 605-773-3101

## Labor Department Recognizes National Mentoring Month

PIERRE, SD – January is National Mentoring Month, and the Department of Labor and Regulation (DLR) is celebrating the month aimed at expanding quality mentoring opportunities to connect more individuals with quality mentors.

"Established mentoring programs improve job satisfaction and retention," said **state Labor and Regulation Secretary Marcia Hultman**. "These programs benefit businesses and help new employees enter the workforce feeling prepared and confident."

Mentor programs in the workplace lead to improved career outcomes, engagement, retention, and improved inclusion. Additional benefits for employees include more engagement and commitment to the organization, greater career success, and improved workplace fulfillment.

"Mentorships are just as important for mentors," said Secretary Hultman. "By helping mentors learn new skills and consider different points of view, they learn to be more organized, share information clearly, and guide someone else to grow personally and professionally."

DLR's online mentoring tool has four modules designed to help businesses and organizations develop and foster successful mentorships. Each module offers interactive lessons for mentors, mentees, and businesses looking to establish a mentoring program. View at <a href="https://www.starttodaysd.com/mentorship-lesson-training">https://www.starttodaysd.com/mentorship-lesson-training</a>.

- 30 -