Mental Health Counselors help people deal with personal problems such as those related to family issues, stress and aging. They may also help those who are addicted to drugs or alcohol.

Counselors help their patients understand their feelings about their problems. Color in a face below to show how you would feel if:

You lost your back pack on the way to school.

You got the new puppy you’ve been wanting.

You got scolded by your parents for not doing a chore.