Dental Hygienists help take care of people’s teeth and gums. They clean teeth. They check to see if a patient’s mouth is healthy. They take X-rays of teeth. They teach patients how to take care of their teeth and gums.

Cross out the things that do not help keep teeth healthy. What letter do the things you did not cross out start with? Write that letter on the line to the left.

Example:

- toothbrush
- toothpaste
- candy
- milk
- steak
- chocolate
- french fries
- spinach
- corn