

**PEDICURES**

**All footspas must be clean and sanitary before use on a client. All equipment must be clean and sanitary before use on a client.**

1. **All disinfectants** should indicate on the label that it is registered with the Environmental Protection Agency (EPA), and stops bactericidal, fungicidal, and virucidal activity. Disinfectants must be used according to the manufacturer's directions.
2. Always use the **manufacturer's instruction book** for sanitation procedures and disinfection products for your footspa.
3. **Clean footspa** with hot, soapy water, use the disinfectant according to manufacturer's directions, wipe dry. This should be done after each client so bacteria is not given time to grown.
4. For **pedicure chairs with footspas**, disinfect after each client, then at least once a week, disinfect the footspa drain thoroughly according to the manufacturer's directions. See (continued) instructions how to clean whirlpool footspas.
5. **PROHIBITED.** All pedicure procedures must be non-invasive. Living cells cannot be cut. Be especially careful with calluses and ingrown toenails!
6. If a **blood spill** occurs it must be treated immediately. All service must stop immediately. The injured area must be cleaned with an antiseptic solution and covered with a sterile bandage. Before any service can continue, the licensee must disinfect any equipment that came into contact with the blood.

(continued)

## **SAFETY AND SANITATION FOR PEDICURES**

A cosmetic pedicure includes trimming, shaping and polishing the toenails as well as foot massage.

### **WHIRLPOOL FOOTSPAS**

Please take the time to read the footspa manufacturer's cleaning instructions carefully and ask your manufacturer and/or distributor to show you how to keep it clean.

We recommend the following disinfection procedures to ensure proper cleaning and maintenance of the equipment and to prevent bacterial infection:

#### **BETWEEN EACH CLIENT:**

- Drain all water and remove all foreign matter from the footspa;
- Clean the surfaces and walls of the footspas with soap or detergent and rinse with clean, clear water;
- Disinfect with an EPA-registered disinfectant with demonstrated bactericidal, fungicidal, and virucidal activity used according to manufacturer's instructions; and
- Rinse and wipe dry with a clean towel.

#### **AT THE END OF EACH DAY:**

- Remove the screen and clean all debris trapped behind the screen for each footspa;
- Wash the screen and inlet with soap or detergent and a chlorine solution (5% chlorine bleach to 1 gallon of water, or wash the screen with soap or detergent and clean, clear water, then totally immerse in an EPA-registered disinfectant with demonstrated bactericidal, fungicidal, and virucidal activity used according to manufacturer's instructions; and
- Flush the system with low sudsing soap and warm water for 10 minutes then rinse, drain and let air dry.

The following morning, refill the footspa with clean, clear water.

#### **EVERY OTHER WEEK:**

- After following the outlined recommended cleaning procedures for the end of each day, fill the footspa tub (5 gallons) with water and 4 teaspoons of 5 percent bleach solution;
- Circulate the solution through the footspa system for 5 to 10 minutes;
- Let the solution sit overnight (at least 6-10 hours); and
- The following morning (before the first customer) drain and flush the system.